

## DISCLAIMER

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**Information for Consent**  
**Adenoidectomy 腺樣體切除**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. Removal of adenoid (enlarged lymphoid tissue located at nasopharynx, the back of the nose)  
切除腺樣體（位於鼻咽/鼻孔後，肥大的淋巴組織）

▪ **Indications 適合病症**

- 1. Nasal airway obstruction  
鼻塞
- 2. Obstructive sleep apnea syndrome(OSAS) / Snoring  
阻塞性睡眠窒息綜合症或鼻鼾症
- 3. Otitis media with effusion  
滲出性中耳炎
- 4. Recurrent acute otitis media  
復發性急性中耳炎
- 5. Chronic or recurrent rhinosinusitis  
慢性或復發性鼻竇炎

▪ **Intended benefits and expected outcome 預期結果**

- 1. Reduce nasal airway obstruction  
減輕鼻塞
- 2. Reduce snoring and sleep apnea  
減輕打鼻鼾及睡眠窒息
- 3. Relieve otitis media with effusion  
解除中耳積液
- 4. Reduce recurrent acute otitis media  
減少急性中耳炎復發
- 5. Reduce chronic or recurrent rhinosinusitis  
減少慢性鼻竇炎復發
- 6. There is chance of incomplete relief of symptoms and recurrence  
有可能不會完全減輕症狀和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Nasal problems, snoring, sleep apnea and ear problems caused by obstruction other than adenoid enlargement  
並非因腺樣體肥大所引致的鼻腔、打鼻鼾、睡眠窒息和耳部問題

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Bleeding  
出血
- 2. Infection  
感染
- 3. Trauma to oral and nasal tissue  
口鼻組織損傷

- **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**
- 1. Eustachian tube injury and stenosis causing otitis media with effusion, tinnitus and hearing loss  
咽鼓管損傷，引致滲出性中耳炎、耳鳴、聽力下降
- 2. Velopharyngeal incompetence causing voice change and fluid regurgitation on eating and drinking  
腭咽閉合不良，引致發音改變、進食和喝水時液體返噎
- 3. Nasopharyngeal stenosis causing obstruction of nasal breathing, snoring, sleep apnea, voice change  
鼻咽狹窄，引致鼻塞、打鼻鼾、睡眠窒息、發音改變
- 4. Voice change  
聲音改變
- 5. Temporomandibular joint injury causing pain, subluxation and trismus  
顳頷關節損傷，引致疼痛、半脫臼和牙關緊閉
- 6. Teeth injury causing fracture, loosening and pain  
牙齒損傷，引致斷裂、脫落和疼痛
- 7. Cervical spine injury causing neck pain, decreased range of movement, sensory and motor nerve deficit  
頸椎損傷，引致頸痛、活動減退、感覺減低和運動神經損傷
- 8. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡
  
- **Information of available alternative treatments 其它治療方法**
- 1. Medical treatment  
藥物治療
- 2. Expectant treatment  
觀察病情進展, 再作打算
  
- **Consequences of no treatment 不治療的後果**
- 1. Persistent symptoms  
症狀繼續存在

**Information for Consent**  
**Endoscopic Nasal and Sinus Surgery 鼻及鼻竇內窺鏡手術**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. Remove disease in the nose and sinuses to obtain drainage of paranasal sinuses by endoscopic approach  
通過內窺鏡，去除鼻及鼻竇疾病，建立鼻竇引流

▪ **Indications 適合病症**

- 1. Rhinosinusitis  
鼻竇炎
- 2. Nasal polyposis  
鼻息肉
- 3. Sinonasal tumors  
鼻或鼻竇腫瘤

▪ **Intended benefits and expected outcome 預期結果**

- 1. Improve nasal symptoms such as obstruction, post-nasal dripping, facial pain, headache etc  
改善鼻塞、後鼻漏、面部疼痛、頭痛等問題
- 2. Prevent complications of rhinosinusitis  
預防併發症
- 3. Remove tumor  
摘除腫瘤
- 4. There is chance of incomplete relief of symptoms and recurrence  
可能不會完全減輕症狀和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Allergic symptoms such as itchiness, running nose, sneezing  
其它過敏症狀：噴嚏、鼻癢、流鼻水

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Nasal bleeding  
鼻膜出血
- 2. Infection  
感染
- 3. Synechia  
鼻腔粘連
- 4. Recurrence of the disease  
復發

▪ **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**

- 1. Severe bleeding due to injury of internal carotid artery, anterior and posterior ethmoidal arteries, sphenopalatine artery  
損傷頸內動脈、篩前後動脈和蝶腭動脈，引致大出血
- 2. Eye injury including bruising, emphysema, orbital haematoma / abscess, visual loss, diplopia

眼損傷，包括眶周淤血、眼球血腫或膿腫、失明、重影

- 3. **Nasolacrimal duct injury leading to epiphora**  
淚管損傷，引致流淚
- 4. **Intra-cranial injury including CSF leak, meningitis, brain abscess, pneumocephalocele**  
腦損傷，包括腦髓液鼻漏、腦膜炎、腦膿腫、腦氣腫
- 5. **Mucocele**  
粘液囊腫
- 6. **Voice change**  
聲音改變
- 7. **Transient or permanent loss of smell sensation**  
暫時或永久失去嗅覺
- 8. **Death due to serious surgical and anaesthetic complications**  
由於手術或麻醉的嚴重併發症引致死亡

▪ **Information of available alternative treatments 其它治療方法**

- 1. **Steroid**  
激素
- 2. **Antibiotic to treat infection**  
抗生素治療感染

▪ **Consequences of no treatment 不治療的後果**

- 1. **Persistence or progression of nasal symptoms**  
症狀持續或加重
- 2. **Complication of sinusitis**  
鼻竇炎併發症

**Information for Consent**  
**Mastoidectomy 乳突切除術**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. Removal of disease in middle ear structure and mastoid air cells  
切除中耳及乳突氣房病灶

▪ **Indications 適合病症**

- 1. Cholesteatoma  
膽脂瘤
- 2. Acute mastoiditis  
急性乳突炎
- 3. Chronic suppurative otitis media (CSOM) and chronic mastoiditis  
慢性化膿性中耳炎和乳突炎

▪ **Intended benefits and expected outcome 預期結果**

- 1. To remove cholesteatoma  
清除膽脂瘤
- 2. To treat middle ear and mastoid infection  
處理中耳和乳突感染
- 3. There is chance of incomplete relief of symptoms and recurrence  
有可能不會完全減輕症狀和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Tinnitus  
耳鳴
- 2. Dizziness  
暈眩
- 3. Hearing loss  
弱聽

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Recurrence / residual disease  
復發或 殘留
- 2. Infection  
感染
- 3. Bleeding  
出血
- 4. Worsening of conductive hearing loss  
傳導性弱聽加重
- 5. Taste loss or disturbances  
味覺失去或紊亂
- 6. Allergic reaction to ear packing

對耳道填塞物過敏

- 7. **Vertigo**  
暈眩
- **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**
  - 1. **Facial nerve injury**  
面癱
  - 2. **Partial to total sensory hearing loss**  
失去部份或全部聽力
  - 3. **Ear canal stenosis**  
耳道狹窄
  - 4. **Pinna deformity**  
耳廓變形
  - 5. **Intracranial injury causing intracranial infection and bleeding**  
顱內損傷，導致感染和出血
  - 6. **Death due to serious surgical and anaesthetic complications**  
由於手術或麻醉的嚴重併發症引致死亡
- **Information of available alternative treatments 其它治療方法**
  - 1. **Regular aural toilet and medical treatment**  
定期耳道清潔和藥物治療
  - 2. **Antibiotics ear drops**  
抗菌素滴耳
- **Consequences of no treatment 不治療的後果**
  - 1. **Progression of disease with complications**  
疾病惡化和出現併發症

**Information for Consent**  
**Direct Laryngoscopy(DL) / Microlaryngoscopy(ML) 直接喉鏡 / 顯微喉鏡**

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▪ **Nature of procedures 手術性質**

- 1. Examination of the larynx and adjacent areas  
檢查喉及鄰近組織
- 2. Biopsy or excision of suspicious lesions  
活組織檢查
- 3. Provision of access for other throat and laryngeal procedure  
透過喉鏡進行其它手術

▪ **Indications 適合病症**

- 1. Lesions in the larynx and related area  
喉及相關區域病變

▪ **Intended benefits and expected outcome 預期結果**

- 1. Improve the voice quality  
改善發音
- 2. Relieve airway obstruction  
解除氣道阻塞
- 3. Obtain biopsy for histology  
活組織檢查
- 4. Excise lesion in selected cases  
切除病變
- 5. There is chance of incomplete removal of diseases and recurrence  
有可能不能全部清除病灶和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Functional voice disorders  
功能性發音病變

▪ **Risk of side effects and complications 副作用和併發症風險**

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- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Bleeding  
出血
- 2. Pain  
疼痛
- 3. Infection  
感染
- 4. Trauma to oral tissue  
口咽組織損傷

▪ **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**

- 1. Teeth injury causing loosening, fracture and pain  
牙齒脫落、裂傷、疼痛

- 2. Temporomandibular joint injury causing pain, trismus and subluxation  
顳頷關節損傷，引致疼痛、半脫臼和牙關緊閉
- 3. Voice changes  
聲音改變
- 4. Upper airway obstruction  
上呼吸道阻塞
- 5. Postoperative pulmonary edema  
術後肺水腫
- 6. Cervical spine injury  
頸椎損傷
- 7. Loss of taste (temporary or permanent)  
失去味覺（暫時或永久）
- 8. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡

▪ **Information of available alternative treatments 其它治療方法**

- 1. Expectant treatment  
觀察病情進展, 再作打算
- 2. Medical treatment  
藥物治療
- 3. Speech therapy  
語言治療
- 4. Radiotherapy / Chemotherapy in malignant condition  
放射治療或化療 (惡性腫瘤)

▪ **Consequences of no treatment 不治療的後果**

- 1. No histological diagnosis  
無病理診斷
- 2. Progression of disease  
病情惡化

**Information for Consent**  
**Myringotomy +/- Ventilation Tube Insertion 鼓膜切開術 +/- 置管**

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▪ **Nature of procedures 手術性質**

- 1. To make a hole in the eardrum (myringotomy)  
耳膜開孔
- 2. Placement of a ventilation tube through the eardrum  
置管

▪ **Indications 適合病症**

- 1. Secretory otitis media  
分泌性（滲出性）中耳炎
- 2. Eustachian tube dysfunction  
咽鼓管阻塞
- 3. Acute otitis media  
急性中耳炎

▪ **Intended benefits and expected outcome 預期結果**

- 1. To normalize the middle ear pressure  
恢復中耳壓力
- 2. To drain the middle ear  
中耳引流
- 3. Hearing improvement  
改善聽力
- 4. There is chance of incomplete relief of symptoms and recurrence after extrusion of the grommet  
有可能置管排出後症狀不能完全緩解和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Tinnitus  
耳鳴
- 2. Dizziness  
頭暈

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Recurrence  
復發
- 2. Infection  
感染
- 3. Bleeding  
出血
- 4. Residual ear drum perforation  
耳膜穿孔

▪ **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症 (<1% risk/風險)**

- 1. **Hearing loss**  
聽力減退
- 2. **Vertigo**  
暈眩
- 3. **Facial nerve damage**  
面神經損傷
- 4. **Dislodgement of ventilation tube into middle ear**  
置管脫入中耳
- 5. **Implantation Cholesteatoma**  
植入性膽脂瘤
- 6. **Death due to serious surgical and anaesthetic complications**  
由於手術或麻醉的嚴重併發症引致死亡
  
- **Information of available alternative treatments 其它治療方法**
  - 1. **Medical treatment**  
藥物治療
  - 2. **Hearing aid**  
助聽器
  
- **Consequences of no treatment 不治療的後果**
  - 1. **Persistent hearing loss**  
永久聽力下降
  - 2. **Progression of infection with complications**  
感染惡化引致併發症

## **Information for Consent** **Tympanoplasty 鼓室成型術**

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### ▪ **Nature of procedures 手術性質**

- 1. Repair of perforated eardrum (myringoplasty)  
修補耳膜
- 2. Repair of ossicular chain (ossiculoplasty)  
重建聽骨

### ▪ **Indications 適合病症**

- 1. Perforated eardrum  
耳膜穿孔
- 2. Control or prevent ear infection  
控制或預防中耳感染
- 3. Hearing loss  
弱聽
- 4. There is chance of incomplete relief of symptoms and recurrence  
有可能不會完全減輕症狀和有可能復發

### ▪ **Intended benefits and expected outcome 預期結果**

- 1. Intact eardrum (85% success rate)  
完整鼓膜 (成功率 85%)
- 2. Control or prevent ear infection  
控制或預防中耳發炎
- 3. Hearing improvement  
改善聽力
- 4. There is chance of incomplete relief of symptoms and recurrence  
有可能不會完全改善症狀和有可能復發

### ▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Tinnitus  
耳鳴
- 2. Dizziness  
頭暈
- 3. Sensorineural hearing loss  
感音神經性聽力下降

### ▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

### ▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Allergic reaction to ear packing  
對耳道填塞物過敏
- 2. Infection  
感染
- 3. Bleeding  
出血
- 4. Loss of taste sensation

- 失去味覺
- 5. Vertigo  
暈眩
- 6. Recurrence of ear infection  
感染復發
  
- **Uncommon but serious side effects and complications** 不常見但嚴重副作用和併發症(<1% risk/風險)
  - 1. Hearing impairment, total deafness can occur rarely  
聽力減退，偶爾導致全聾
  - 2. Facial nerve damage  
面神經損傷
  - 3. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡
  
- **Information of available alternative treatments** 其它治療方法
  - 1. Water precaution  
耳道禁水
  - 2. Eardrops or systemic antibiotics  
滴耳藥水或 抗生素
  - 3. Hearing aid  
助聽器
  
- **Consequences of no treatment** 不治療的後果
  - 1. Recurrent infection and ear discharge with rare but serious complications  
嚴重併發症
  - 2. Hearing impairment  
聽力損害

## Information for Consent Neck Dissection 頸清掃

version: 2005-07

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- **Nature of procedures 手術性質**
  - 1. Excision of all or part of the neck lymph nodes and adjacent structures  
切除全部或部份頸淋巴結和鄰近組織
  
- **Indications 適合病症**
  - 1. Confirmed neck lymph node metastasis  
明確的頸淋巴轉移
  - 2. Suspected neck lymph node metastasis  
可疑的頸淋巴轉移
  - 3. As a neck staging procedure  
頸淋巴轉移評估
  
- **Intended benefits and expected outcome 預期結果**
  - 1. Complete removal of the neck metastasis  
徹底清除頸淋巴轉移病灶
  - 2. Staging of neck metastasis for further treatment planning  
評估頸淋巴擴散情況,對疾病作進一步治療計劃
  - 3. There is chance of incomplete removal of disease and recurrence  
有可能不能全部清除病灶和有可能復發
  
- **Conditions that would not be benefited by the procedure 手術不能解決的問題**
  - 1. Extensive local disease involving vital structures  
病灶累及重要結構
  - 2. Distant metastasis  
遠處轉移
  
- **Risk of side effects and complications 副作用和併發症風險**
  - 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
  - 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險
  
- **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**
  - 1. Bleeding  
出血
  - 2. Infection  
感染
  - 3. Shoulder pain and weakness  
肩痛和抬肩乏力
  - 4. Chyle leakage  
乳糜漏
  - 5. Numbness of neck  
頸麻痺
  - 6. Lymphedema  
淋巴腫
  - 7. Hypertrophic scar or keloid formation  
疤痕增生或疤痕瘤

- 8. **Cosmetic deformity**  
局部畸形

- **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**

- 1. **Skin necrosis**  
皮膚壞死
- 2. **Nerve injury**  
神經損傷
  - a. **Facial nerve (VII) injury causing facial and mouth asymmetry**  
面神經損傷，引致面癱和口角歪斜
  - b. **Vagus nerve (X) injury causing hoarseness of voice**  
迷走神經損傷，引致聲音嘶啞
  - c. **Accessory nerve (XI) injury causing shoulder muscle weakness, pain and stiffness**  
副神經損傷，引致抬肩無力、疼痛
  - d. **Hypoglossal nerve (XII) injury causing impairment of tongue movement and swallowing problem**  
舌下神經損傷，引致舌活動困難、語言和吞嚥問題
  - e. **Brachial nerve injury causing upper limb paralysis**  
臂叢神經損傷，引致上肢麻痺和癱瘓
  - f. **Phrenic nerve injury causing breathing difficulty**  
膈神經損傷，引致呼吸困難
  - g. **Sympathetic nerve injury causing drooping of eyelid, dryness of face**  
交感神經損傷，引致眼皮下垂、面部乾燥
- 3. **Increased intracranial pressure causing headache, vomiting, neurological deficit**  
顱內壓增高，引致頭痛、惡心、嘔吐、神經癱瘓
- 4. **Pneumothorax causing breathing difficulty**  
氣胸引致呼吸困難
- 5. **Cerebrovascular accident**  
腦血管意外
- 6. **Death due to serious surgical and anaesthetic complications**  
由於手術或麻醉的嚴重併發症引致死亡

- **Information of available alternative treatments 其它治療方法**

- 1. **Radiotherapy**  
放射治療
- 2. **Chemotherapy**  
化療
- 3. **Observation**  
觀察

- **Consequences of no treatment 不治療的後果**

- 1. **Progression of disease**  
病情惡化

**Information for Consent**  
**Parotidectomy 腮腺切除術**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. To remove part of or whole parotid gland  
部份或全腮腺切除

▪ **Indications 適合病症**

- 1. Parotid gland tumour (benign / malignant)  
良性或惡性腮腺腫瘤
- 2. Recurrent parotid infection  
復發性腮腺炎
- 3. Provide surgical access for other head and neck procedures  
頭頸手術進路

▪ **Intended benefits and expected outcome 預期結果**

- 1. Removal of parotid gland tumor  
切除腮腺腫瘤
- 2. Prevent further parotid infection  
預防腮腺感染
- 3. There is chance of incomplete removal of disease and recurrence  
有可能不能全部清除病灶和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Symptoms unrelated to parotid gland  
非腮腺引致的病症

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Bleeding and hematoma  
出血、血腫
- 2. Wound infection  
傷口感染
- 3. Numbness around earlobe  
耳廓麻痺
- 4. Frey's Syndrome causing sweating during eating  
Frey 氏綜合症，引致進食流汗
- 5. Transient facial weakness  
暫時面癱
- 6. Hypertrophic scar or keloid formation  
疤痕增生或疤痕瘤
- 7. Cosmetic deformity  
局部畸形

▪ **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**

- 1. Permanent facial weakness  
永久面癱
- 2. Recurrence  
復發
- 3. Salivary fistula  
唾液腺漏
- 4. Skin necrosis  
皮膚壞死
- 5. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡

▪ **Information of available alternative treatments** 其它治療方法

- 1. Follow up with observation for benign lesion  
觀察良性病變
- 2. Radiotherapy for malignant lesion  
放射治療惡性腫瘤
- 3. Antibiotic to treat infection  
抗生素醫治感染

▪ **Consequences of no treatment** 不治療的後果

- 1. Tumour progression  
腫瘤惡化
- 2. Recurrent infection  
感染復發

**Information for Consent**  
**Septoplasty / Submucosal Resection of Septum (SMR) 鼻中隔成型術/粘膜下隔切除術**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. To straighten the deviated nasal septum  
矯正偏曲的鼻中隔

▪ **Indications 適合病症**

- 1. Nasal obstruction attributed by a deviated nasal septum  
鼻中隔偏曲引起的鼻塞
- 2. Obstruction of sinus opening leading to sinusitis  
鼻竇竇口引流阻塞導致的鼻竇炎
- 3. Epistaxis  
鼻出血
- 4. Septal spur headache  
鼻中隔引致的頭痛
- 5. Provide exposure for other nasal surgery  
其它鼻手術進路
- 6. Deviated nose attributed by deviated nasal septum  
鼻中隔偏曲，引致的歪鼻畸形

▪ **Intended benefits and expected outcome 預期結果**

- 1. Reduce nasal obstruction  
減輕鼻塞
- 2. Reduce obstruction of sinus opening leading to sinusitis  
減輕竇口阻塞
- 3. Reduce epistaxis  
減少鼻出血
- 4. Reduce septal spur headache  
緩解鼻中隔導致的頭痛
- 5. Improve nasal deformity attributed by deviated nasal septum  
改善歪鼻畸形
- 6. There is chance of incomplete relief of deviation and recurrence  
有可能不能全部清除病灶和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Nasal obstruction not chiefly caused by deviated nasal septum  
非鼻中隔偏曲導致的鼻塞
- 2. Nasal symptoms due to allergic rhinitis including running nose, itchiness, sneezing, postnasal drip  
過敏性鼻炎導致的症狀：鼻癢、噴嚏、後鼻漏

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Bleeding  
出血

- 2. Persistent nasal obstruction  
鼻塞
- 3. Infection  
感染
- 4. Nasal adhesion  
鼻腔黏連
- 5. Septal haematoma  
鼻中隔血腫
- 6. Septal perforation  
鼻中隔穿孔

▪ **Uncommon but serious complications (<1% risk) 嚴重但不常見併發症**

- 1. Saddle nose deformity / columellar retraction  
鼻樑塌陷
- 2. Loss of smell sensation  
失去嗅覺
- 3. Cerebrospinal fluid rhinorrhoea  
腦髓液鼻漏
- 4. Toxic shock syndrome  
中毒性休克
- 5. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡

▪ **Information of available alternative treatments 其它治療方法**

- 1. Medical treatment  
藥物治療

▪ **Consequences of no treatment 不治療的後果**

- 1. Persistent nasal obstruction  
持續鼻塞
- 2. Sinusitis and its complications  
鼻竇炎及併發症
- 3. Recurrent epistaxis  
復發性鼻出血
- 4. Persistent headache  
持續頭痛
- 5. Persistent nasal deformity  
持續鼻畸形

## Information for Consent Stapedectomy 鑰骨切除術

version: 2005-07

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- **Nature of procedures 手術性質**
  - 1. Removal of the fixed stapes bone and replacement with an artificial prosthesis  
切除固定鑰骨 及 人工鑰骨植入
  
- **Indications 適合病症**
  - 1. Otosclerosis with conductive hearing loss  
耳硬化症
  - 2. Other causes of stapes fixation with conductive hearing loss  
其它病變引致鑰骨固定的傳導性耳聾
  
- **Intended benefits and expected outcome 預期結果**
  - 1. Hearing improvement  
改善聽力
  - 2. There is chance of residual hearing loss and recurrence after initial improvement  
有可能不能全部清除病灶和有可能復發
  
- **Conditions that would not be benefited by the procedure 手術不能解決的問題**
  - 1. Tinnitus  
耳鳴
  - 2. Dizziness  
頭暈
  - 3. Sensorineural hearing loss  
感音神經性耳聾
  
- **Risk of side effects and complications 副作用和併發症風險**
  - 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
  - 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險
  
- **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**
  - 1. Allergic reaction to ear packing  
對耳道填塞物過敏
  - 2. Infection  
感染
  - 3. Bleeding  
出血
  - 4. Taste loss or disturbance  
味覺失去或紊亂
  - 5. Tinnitus  
耳鳴
  - 6. Vertigo  
暈眩
  - 7. Hearing impairment  
聽力損害

- **Uncommon but serious side effects and complications** 不常見但嚴重副作用和併發症(<1% risk/風險)
  - 1. Total deafness  
全聾
  - 2. Eardrum perforation  
耳膜穿孔
  
  - 3. Facial nerve damage causing facial paralysis  
面神經損傷，引致面癱
  - 4. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡
  
- **Information of available alternative treatments** 其它治療方法
  - 1. Observation  
觀察病情進展, 再作打算
  - 2. Hearing aid  
助聽器
  
- **Consequences of no treatment** 不治療的後果
  - 1. Progressive hearing loss  
聽力繼續下降

**Information for Consent**  
**Tonsillectomy 扁桃體切除術**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. Excision of the tonsils  
切除扁桃體

▪ **Indications 適合病症**

- 1. Recurrent/Chronic tonsillitis  
復發性或慢性扁桃體炎
- 2. Peritonsillar abscess  
扁桃體周圍膿腫
- 3. Obstructive sleep apnea syndrome(OSAS) / Snoring  
阻塞性睡眠窒息綜合症或鼻鼾症
- 4. Biopsy for histological diagnosis  
活組織檢查
- 5. Tonsillar malignancy  
扁桃體惡性腫瘤
- 6. Provide exposure for other head and neck surgery  
手術進路

▪ **Intended benefits and expected outcome 預期結果**

- 1. Reduce throat infections  
減少咽喉感染
- 2. Reduce sleep apnea / snoring  
減輕睡眠窒息 或 打鼻鼾
- 3. Provide histological diagnosis  
病理診斷
- 4. There is chance of incomplete removal of disease and recurrence after initial improvement  
有可能症狀不能全部清除和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Throat problem not attributed by the tonsils  
非扁桃體引致的咽喉問題

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Bleeding  
出血
- 2. Pain  
疼痛
- 3. Infection  
感染
- 4. Local trauma to oral tissues  
口腔局部損傷

- **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**
  - 1. **Teeth injury**  
牙齒損傷
  - 2. **Jaw injury**  
下頷損傷
  - 3. **Voice changes**  
聲音改變
  - 4. **Upper airway obstruction**  
上氣道阻塞
  - 5. **Postoperative pulmonary edema**  
術後肺水腫
  - 6. **Cervical spine injury**  
頸椎損傷
  - 7. **Death due to serious surgical and anaesthetic complications**  
由於手術或麻醉的嚴重併發症引致死亡
  
- **Information of available alternative treatments 其它治療方法**
  - 1. **Antibiotic to treat infection**  
抗生素治療感染
  - 2. **Nasal continuous positive airway pressure (CPAP) device for OSAS**  
持續正壓呼吸機治療阻塞性睡眠窒息綜合症
  - 3. **Radiotherapy / Chemotherapy for malignancy**  
放射治療或化療治療惡性腫瘤
  
- **Consequences of no treatment 不治療的後果**
  - 1. **Recurrent tonsillitis or peritonsillar abscess and its complications**  
扁桃體炎或扁桃體周圍膿腫復發和出現併發症
  - 2. **Complications of untreated OSAS**  
阻塞性睡眠窒息綜合症的併發症
  - 3. **No histological diagnosis for suspected tonsillar tumour**  
不能準確診斷腫瘤

**Information for Consent**  
**Total Laryngectomy 全喉切除術**

version: 2005-07

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- **Nature of procedures 手術性質**
  - 1. To excise the whole larynx and create a new permanent tracheotomy with loss of natural voice  
全喉切除, 氣管永久造口, 並失去正常發聲功能
- **Indications 適合病症**
  - 1. Malignant tumor involving the larynx  
喉惡性腫瘤
- **Intended benefits and expected outcome 預期結果**
  - 1. Complete removal of malignant tumor involving the larynx  
切除腫瘤
  - 2. There is chance of incomplete removal of disease and recurrence  
有可能不能全部清除腫瘤和有可能復發
- **Conditions that would not be benefited by the procedure 手術不能解決的問題**
  - 1. Tumor extends beyond the confine of the larynx  
腫瘤超出喉範圍
- **Risk of side effects and complications 副作用和併發症風險**
  - 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
  - 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險
- **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**
  - 1. Bleeding  
出血
  - 2. Infection  
感染
  - 3. Pharyngocutaneous fistula  
咽瘻(漏)
  - 4. Tracheostome stenosis causing breathing difficulty and requirement of stent or revision surgery  
氣管造口狹窄, 引致呼吸困難, 而需要氣管套管或手術修正
  - 5. Loss of power to lift up heavy weight  
失去舉重力
  - 6. Pharyngeal stenosis causing dysphagia  
咽狹窄, 引致吞嚥困難
  - 7. Thyroid insufficiency causing lethargy, cold intolerance, poor appetite, weight gain, hypotension, heart failure, arrhythmia requiring life long replacement medication  
甲狀腺功能減退, 引致需要長期替代藥物治療
  - 8. Parathyroid insufficiency causing muscle cramp requiring life long replacement medication  
甲狀旁腺功能減退, 引致肌肉痙攣, 需要長期替代藥物治療
- **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症 (<1% risk/風險)**
  - 1. Pneumothorax  
氣胸
  - 2. Skin necrosis  
皮膚壞死

- 3. **Nerve injury**  
神經損傷
  - a. **Hypoglossal nerve (XII) injury causing impairment of tongue movement and swallowing problem**  
舌下神經損傷，引致舌活動困難、語言和吞嚥問題
  - b. **Phrenic nerve injury causing breathing difficulty**  
膈神經損傷，引致呼吸困難
  - c. **Sympathetic nerve injury causing dropping of eyelid, dryness of face**  
交感神經損傷，引致眼皮下垂、面部乾燥
- 4. **Death due to serious surgical and anaesthetic complications**  
由於手術或麻醉的嚴重併發症引致死亡
  
- **Information of available alternative treatments 其它治療方法**
  - 1. **Radiotherapy**  
放射治療
  - 2. **Chemotherapy**  
化療
  - 3. **Symptomatic palliative treatment**  
舒緩治療
  
- **Consequences of no treatment 不治療的後果**
  - 1. **Progression of tumor and death**  
腫瘤惡化及死亡

**Information for Consent**  
**Tracheostomy 氣管切開術**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. Tracheostomy is an operation in which an opening is made through the neck skin into the trachea  
切開頸部皮膚氣管造口
- 2. A tube is inserted into the opening, through which breathing can continue  
氣管套插入, 維持呼吸

▪ **Indications 適合病症**

- 1. Upper airway obstruction  
上呼吸道阻塞
- 2. Prolonged endotracheal intubation  
長時間的氣管插管
- 3. Aspiration pneumonia  
吸入性肺炎
- 4. Airway protection  
保護氣道

▪ **Intended benefits and expected outcome 預期結果**

- 1. Relief of upper airway obstruction and protection of airway  
解除上呼吸道阻塞
- 2. A tube is kept in the neck for breathing until normal airway is restored  
氣管套管留置,直到正常氣道恢復通暢
- 3. There is chance of failure to relieve problems and recurrence  
有可能不能解決問題和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Lower airway obstruction  
下氣道阻塞

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Bleeding  
出血
- 2. Infection  
感染
- 3. Swallowing problem  
吞嚥困難
- 4. Speech problem  
語言問題
- 5. Tracheostomy tube blockage and dislodgement causing asphyxia  
套管阻塞或移位, 引致呼吸困難
- 6. Surgical emphysema  
皮下氣腫

- **Uncommon but serious side effects and complications** 不常見但嚴重副作用和併發症(<1% risk/風險)
  - 1. Apnea  
呼吸暫停
  - 2. Tracheal stenosis  
氣管狹窄
  - 3. Injury to other neck structures  
其它頸部損傷
  - 4. Pneumomediastinum and pneumothorax  
氣胸
  - 5. Tracheocutaneous fistula  
皮氣管漏
  - 6. Erosion into large vessels causing fatal bleeding  
大血管損傷，導致致命性出血
  - 7. Erosion into esophagus causing aspiration  
損傷食道
  - 8. Failed weaning of tracheostomy  
拔管困難 (不能拔管)
  - 9. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡
  
- **Information of available alternative treatments** 其它治療方法
  - 1. Endotracheal intubation  
氣管插管
  
- **Consequences of no treatment** 不治療的後果
  - 1. Airway obstruction and death  
氣管阻塞及死亡
  - 2. Prolonged intubation causing injury to trachea with resultant stenosis  
長期插管損傷，引致氣管狹窄
  - 3. Aspiration and recurrent pneumonia  
吸入性肺炎

**Information for Consent**  
**Inferior Turbinate Reduction 下鼻甲減容術**

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- **Nature of procedures 手術性質**
  - 1. Transnasal resection of inferior turbinates  
切除下鼻甲
- **Indications 適合病症**
  - 1. Hypertrophic inferior turbinates causing nasal obstruction  
下鼻甲肥大引致的鼻塞
- **Intended benefits and expected outcome 預期結果**
  - 1. Reduce nasal obstruction  
緩解鼻塞
  - 2. There is chance of incomplete relief of nasal obstruction and recurrence  
有可能不會完全改善鼻塞和有可能復發
- **Conditions that would not be benefited by the procedure 手術不能解決的問題**
  - 1. Nasal obstruction not chiefly caused by hypertrophic inferior turbinates  
非下鼻甲肥厚引致的鼻塞
- **Risk of side effects and complications 副作用和併發症風險**
  - 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
  - 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險
- **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**
  - 1. Bleeding  
出血
  - 2. Persistent nasal obstruction  
持續鼻塞
  - 3. Infection  
感染
  - 4. Intranasal adhesion  
鼻腔粘連
  - 5. Crusting (transient)  
暫時痂皮
- **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症(<1% risk/風險)**
  - 1. Atrophic rhinitis  
萎縮性鼻炎
  - 2. Injury to Eustachian tube  
咽鼓管損傷
  - 3. Death due to serious surgical and anaesthetic complications  
由於手術或麻醉的嚴重併發症引致死亡
- **Information of available alternative treatments 其它治療方法**
  - 1. Medical treatment  
藥物治療
- **Consequences of no treatment 不治療的後果**

- 1. Persistent nasal obstruction  
持續鼻塞

**Information for Consent**  
**Uvulopalatopharyngoplasty (UPPP) / Laser-assisted Uvuloplasty (LAUP)**  
**垂腭咽成型術 / 激光輔助腭咽成型術**

version: 2005-07

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▪ **Nature of procedures 手術性質**

- 1. Reduction/Resection of soft palate and uvula; plus resection of tonsils (UPPP)  
軟腭及扁桃體切除
- 2. Laser surgery on soft palate and uvula (LAUP)  
激光手術輔助腭咽成型

▪ **Indications 適合病症**

- 1. Obstructive sleep apnea syndrome (OSAS)  
阻塞性睡眠窒息綜合症
- 2. Snoring  
鼻鼾症

▪ **Intended benefits and expected outcome 預期結果**

- 1. Reduce sleep apnea  
緩解睡眠窒息
- 2. Reduce snoring  
緩解打鼻鼾
- 3. There is chance of incomplete relief of symptoms or recurrence after initial improvement  
有可能不會完全緩解病灶和有可能復發

▪ **Conditions that would not be benefited by the procedure 手術不能解決的問題**

- 1. Airway obstruction at levels other than oropharynx  
非口咽狹窄引致的氣道阻塞

▪ **Risk of side effects and complications 副作用和併發症風險**

- 1. There are always certain side effects and risks of complications of the procedure  
手術有一些副作用和併發症風險
- 2. Medical staff will take every preventive measures to reduce their likelihood  
醫務人員將盡力減少副作用和併發症風險

▪ **Common side effects and complications 常見副作用和併發症 (≥1% risk/風險)**

- 1. Pain  
疼痛
- 2. Bleeding  
出血
- 3. Throat discomfort and post-nasal dripping sensation  
喉不適和後鼻漏
- 4. Voice change  
聲音改變
- 5. Infection  
感染
- 6. Risk of laser  
激光的危險

▪ **Uncommon but serious side effects and complications 不常見但嚴重副作用和併發症 (<1% risk/風險)**

- 1. Velopharyngeal insufficiencies causing regurgitation of food and water, and voice change

腭咽閉合不良，引致進食和喝水時液體返噎、發音改變

- 2. **Pharyngeal stenosis causing breathing difficulty, snoring, sleep apnea and voice change**  
咽狹引致呼吸困難、打鼻鼾、睡眠窒息和發音改變
- 3. **Loss of taste (temporary or permanent)**  
失去味覺 (暫時或永久)
- 4. **Airway obstruction and respiratory distress**  
氣道阻塞和呼吸困難
- 5. **Death due to serious surgical and anaesthetic complications**  
由於手術或麻醉的嚴重併發症引致死亡

▪ **Information of available alternative treatments 其它治療方法**

- 1. **Nasal continuous positive airway pressure (CPAP) device**  
持續正壓呼吸
- 2. **Oral retaining device / dental appliances**  
口腔或齒科裝置
- 3. **Other palatal procedure**  
其它腭手術

▪ **Consequences of no treatment 不治療的後果**

- 1. **Persistent or progression of snoring**  
鼻鼾聲持續存在
- 2. **Risk of complications of obstructive sleep apnea**  
阻塞性睡眠窒息綜合症的併發症